

YOUTH READY

BUILDING RESILIENCE FOR CRITICAL TIMES

Emergency Management 2025

Dr. Diane Sharp Oglala Lakota

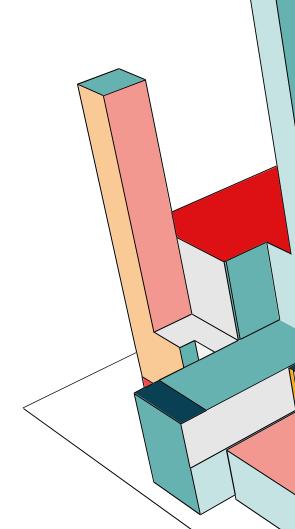






AGENDA

- Young Community Member Resilience
- Engaging Our Youth in EM Efforts
- Putting it in Practice





YOUNG PEOPLE ARE **VALUABLE CONTRIBUTING COMMUNITY MEMBERS**

WHEN DO WE ENGAGE YOUNG COMMUNITY MEMBERS?

Engage youth in a variety of EM activities:

- Before
- During
- After





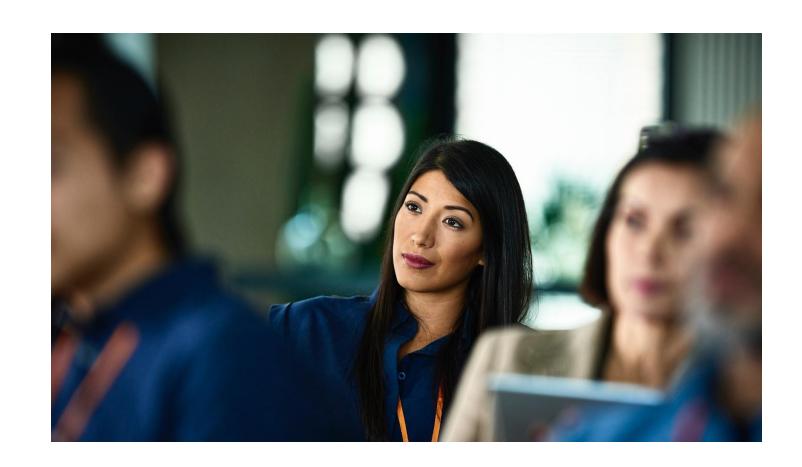
BEFORE

- Education
- Planning
- Preparation
 - Home
 - Community

School Programs

Collaborate with schools to implement ageappropriate emergency preparedness curricula

- Ready.gov's youth preparedness resources
- FEMA's Youth
 Preparedness Council





CERT for Teens

Offer Community
Emergency Response
Team (CERT) training for
youth, teaching them
first aid, fire safety, and
basic search and rescue.



American Heart Association

Offer Cardiac Emergency Response Plan (CERP)

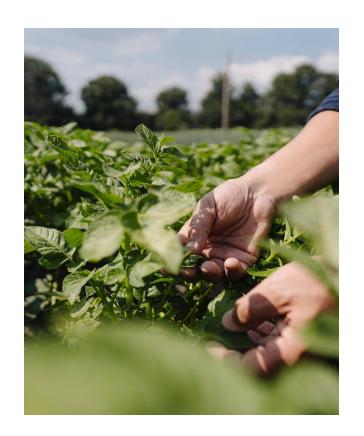
Hands Only CPR

AED usage



Indigenous Knowledge Integration

Include traditional ecological knowledge, cultural values, and community-based approaches to resilience in training.



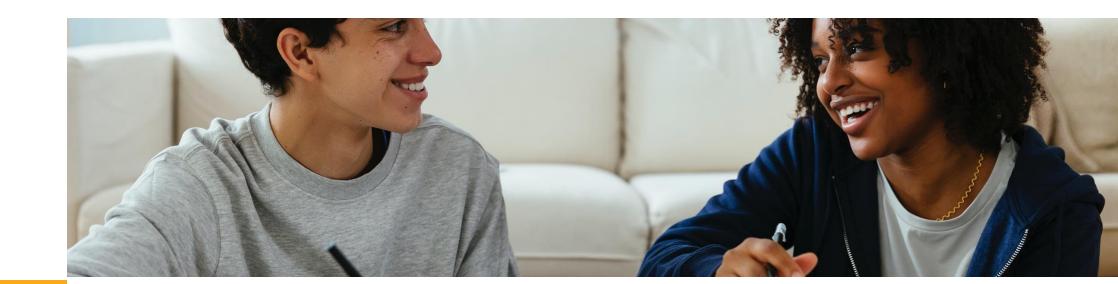
SITUATIONAL AWARENESS

- 1. Know your neighbors
- 2. Recognize who belongs and who doesn't
- 3. Needed in Response phase and into transition to Recovery phase people flood a community to "help"
- 4. Those with nefarious intent come to victimize

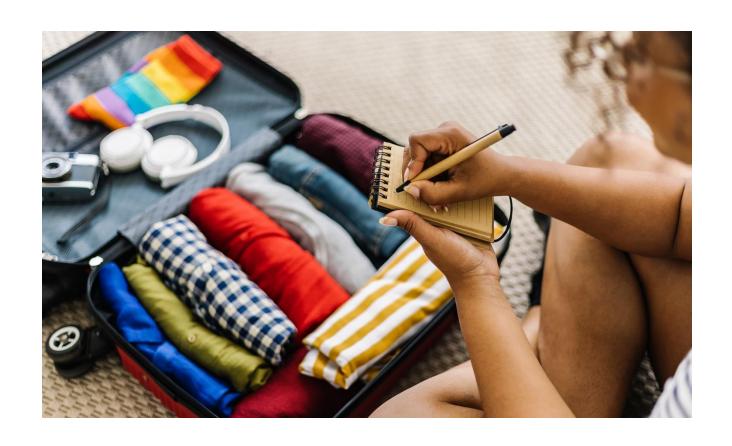


YOUTH ADVISORY COUNCIL

- Form a council to gain from their unique perspective of the community and lend to their individual resilience.
- Facilitate intergenerational exchanges where youth learn from elders about past survival and adaptation (relocation, food sovereignty during hardship, foraging).



HOME PREPAREDNESS KITS!



No one is peskier than a child when they have a goal. They will encourage their families to put one together.

NATURE CENTERED

Land-Based Learning

Teach hazard awareness (flooding, fire, storms) through outdoor activities: canoe journeys, weather watching, or campfire safety.

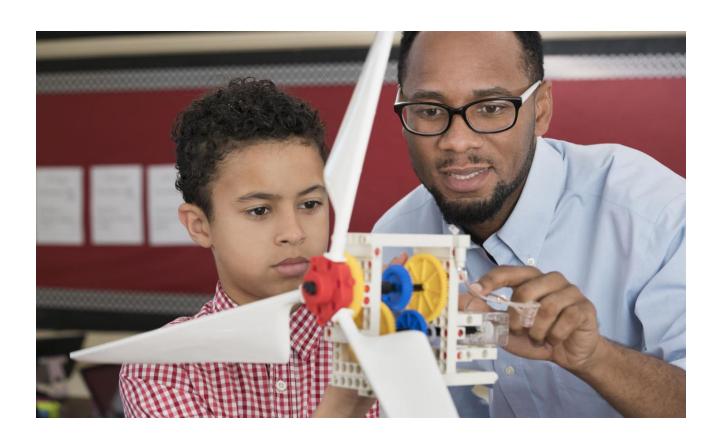


DIGITAL STORYTELLING PROJECTS

Empower youth to document their community's stories of resilience using video, art, or podcasts, which also serve as public awareness tools.



WHY THIS MATTERS



- •Empowerment: Resilient youth become community leaders.
- Preparedness Multipliers: Youth often share what they learn with their families.
- •Long-Term Impact: Building skills and confidence early prepares the next generation of emergency managers, first responders, and advocates.

SOVEREIGNTY

Our communities become less dependent on federal programs to come to our rescue.



DURING & AFTER (FOCUS ON LOW RISK)

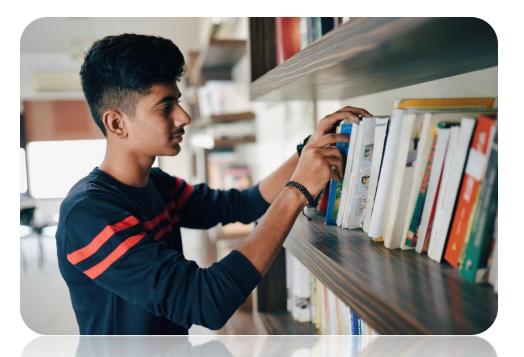
- Relief Efforts
- Search and Rescue
- Communication Social Media
- Peer and Elder Check-in
- Distribution Hubs
- Tech Assistance
- Pet care
- Clean-Up Crews
- Talking and Prayer Circles
- Mapping Outages/Roads
- Art & Cultural Preservation
- Reporting Suspicious Outsiders



RECAP

We've established what we need to do.

Let's talk about how.



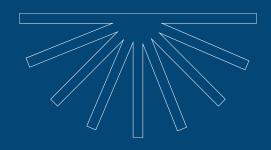
- Educate, Equip and Empower Youth
- Include in the planning
- Efforts both in the home and the community
- Provide a sense of community ownership
- Trust them and give them a chance
- Build useful skills
- Intergenerational information sharing
- Safety (from crisis elements and predators)

ONE SOLUTION OPTION









A YOUTH MENTORSHIP PROGRAM BY
THE INDIGENOUS COMMUNITY EMPOWERMENT NETWORK



IndigiPAL Purpose

IndigiPAL exists to empower law enforcement officers, Veterans, and community leaders as volunteer mentors with youth in tribal communities.

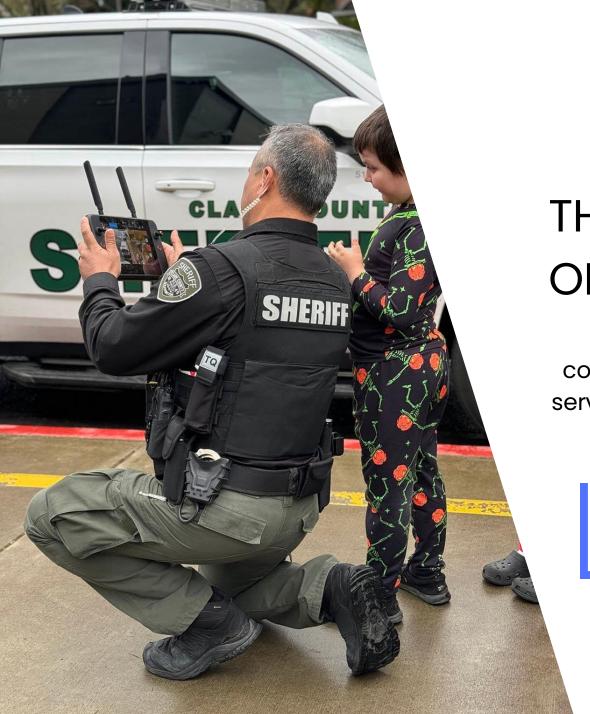
Contact:

Dr. Diane Sharp, Executive Director of IndigiPAL diane@icenetwork.org 910-476-2400









THE **OPPORTUNITY**

Law Enforcement Officers strive to help their communities. Mentorship is one more way they can serve. Mentoring meetings can be once per week for 1 hour, or every other week for 2 hours.

All mentors are required to have a background check and fingerprint check

Each mentor can have up to 7 mentees.



OUTCOMES

A REDUCTION IN:

SUBSTANCE USE



SELF-HARM



CRIMINAL **BEHAVIORS**



MMIP





VIOLENCE

AN INCREASE IN:



EDUCATIONAL SUCCESS



FINANCIAL LITERACY



LEADERSHIP SKILLS



LIFE PURPOSE



CONFIDENCE

VALUE PROPOSITION

Indigenous Community Empowerment Network (ICENET) is the umbrella organization run by Diane Sharp. ICENET staff takes care of administrative tasks for the IndigiPAL program chapters. We make it easy for you to conduct the program in your department.





Funding

ICENET will fundraise to pay for PAL activities, manage the budget, and will send supplies to the chapters.



Application Management

We ensure that all parents and mentors complete paperwork and we keep it on file. Dr. Sharp works with police Chiefs for approval of all mentors.



Submit Attendance & Reports to National PAL

Monthly reports filed by our staff.



PROGRAM ACTIVITIES





S.T.E.A.M.

Science activities to include drone training



PURPOSE COACHING

Culturally appropriate curriculum for tribal youth to discover their purpose

SPORTS

IndigiPAL promotes healthy movement and physical acitvities



COMMUNITY OUTREACH

Youth must conduct one community outreach throughout the year





Drones provided by IndigiPAL



Recreational Certification all ages



thier drone pilot's license for use in a variety of careers to include military, tourism photography, search and rescue efforts, and more.



ANNUAL PAL YOUTH SUMMIT

The Annual Youth Summit is an event where youth and mentors are invited to attend (as funding allows) to meet and learn alongside youth from PAL chapters from around the country.







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www.indigipal.org